

Consent Scenarios Role Play

FRIES Model for Consent

- *F = Freely given – consent must be freely given without pressure, coercion, and manipulation to qualify as authentic consent*
- *R = Reversible – even if someone consented at the beginning, they can say no and revoke their consent at any point*
- *I = Informed – all parties involved are aware of the parameters for consent (e.g., if one individual has consented to sending a picture of themselves through text, they have the right to know if that image would be shared)*
- *E = Enthusiastic – there should be no reluctance or hesitation in the consent given*
- *S = Specific – the consent process needs to be restarted for every new act/behaviour*

Source: Based on the FRIES definition of consent from Planned Parenthood:

<https://www.plannedparenthood.org/learn/teens/sex/all-about-consent>